

**Vasantha Pai, MD PC**  
**SI Endoscopy**  
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**What is an Upper endoscopy or EGD?**

Upper GI endoscopy or EGD (esophagogastroduodenoscopy), is a direct visual examination of the upper intestinal tract, ( esophagus, stomach, part of small intestine) using a lighted, flexible fiber optic endoscope. You are mildly sedated for this procedure. The endoscope is gently inserted through your mouth into the upper esophagus ( food pipe). Then, the endoscope is passed into the stomach and duodenum, or first portion of the small intestine.

**Important:**

If you are diabetic or if you are taking anticoagulants or blood thinners such as Coumadin, Plavix Persantine (dipyridamole), Ticlid (ticlodipine), Lovenox, Heparin, Pletal or aspirin regularly, please discuss this with Dr Pai. In most circumstances, these medications are discontinued prior to your procedure.

**3 days before procedure:**

Do not take any aspirin or ibuprofen products. Tylenol is allowed.

**The day of your test:**

1. You should not have anything to eat or drink after midnight.
2. You may take all your medications the day of the test with a small amount of water except the following.
  1. Blood thinners mentioned above.
  2. Diabetic medications, if taking injectable insulin, you may take ½ the dose at bedtime but nothing in the morning of the procedure.
  3. Iron
3. Do not eat or drink anything.
4. Wear comfortable clothing
5. You will be mildly sedated for the procedure and you will need a driver to accompany you to and from the procedure.

If you have questions or concerns, please call Dr Pai's office at 618 355 0880. If you are unable to reach someone at the office, you can call Dr Pai's exchange at 6183989756.